

**TOM NEWBY SCHOOL EXAMINATION**

Subject	Life Skills (PSW)	Examiner	Mrs R. Van Schalkwyk
Date	November 2019	Total marks	30
Session	1	Duration	1 Hour
Grade	4	Moderator	Mrs M. Fourie
Special instructions/ Equipment	1. Read the instructions carefully 2. Write neatly 3. Take note of the mark allocation 4. Good luck		
This assessment has been compiled using notes and information contained in the Tom Newby School resource material. The marking memorandum has been compiled accordingly. While alternative responses will be given due acknowledgement, the official memorandum will be considered a priority document to ensure uniformity of marking.			

Name:	Surname:	Class:
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This paper consists of two sections: Section A (15 marks) and Section B (15 marks)

SECTION A: 15 marks**QUESTION 1: Water Safety (5)**

Use the word box below to complete the sentences that follow.

push	deep	shallow	run	swim
lifeguard	adults	pull	waves	current

- Never _____ around or _____ people into a swimming pool.
- At the beach only swim when and where there is a _____ on duty.
- Before swimming in a river you should first check how _____ the water is and how strong the _____ is.



QUESTION 2: HIV and AIDS**(5)**

Answer **TRUE OR FALSE**. If the sentence is false re-write it correctly.



- a. HIV is a bacteria which attacks your immune system.

- b. HIV can only enter your body by you sharing body fluids with a HIV positive person.

- c. It is safe to share the same bathroom, toilet and basin as a HIV positive person.

- d. Mosquitoes can spread HIV.

- e. People with aids need to stay away from people with flu to protect themselves from getting ill as their immune systems are weak.

QUESTION 3: Children's rights and responsibilities/ a healthy world. (5)

Match column B with column A. Write the number of the answer you have chosen into the blocks below the question.

A Child's rights	The child's responsibilities
A. Every child has the right to health care.	1. Eat a healthy , balanced diet of lots of fruits and vegetables and less fats and sugars.
B. Every child has the right to be safe from danger.	2. Pick up litter such as plastic bottles, bags and tins on your playground and place them in recycle bins.
C. Every child has the right to healthy food.	3. Never swim alone or without adult supervision.
D. Every child has the right to a safe place to live in.	4. Brush teeth twice a day to prevent tooth decay or gum disease.
E. Every child has the right to a healthy environment.	5. Don't touch exposed electrical cables, report them.

A.		B.		C.		D.		E.	
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SECTION B: 15 marks**QUESTION 4: Road safety****(5)**

Read the story below and answer the questions, in full sentences.

In Spring Town all the children loved to ride on their bicycles. Most of the children wore their cyclist helmet and rode correctly in the cyclist lanes. Bill Smith however was famous for being able to do tricks on his bicycle, even though his mom warned him he could get hurt without wearing protective gear. It was Friday afternoon and Bill decided to try a new stunt. He put 4 boxes on top of each other and a huge plank over them, much like a see-saw and then rode fast down the road to be able to jump onto the plank and ride down the other side. As he was getting close to the jump, a dog ran in front of him causing him to swerve into the way of an oncoming car.....

4.1. List 3 traffic rules a cyclist should obey.

- a. _____
 b. _____
 c. _____

(3)

4.2 How do you think the story ended and why did it end that way?

Write at least 2 good sentences.

(2)

QUESTION 6. A Healthy Environment (3)

Name the type of pollution shown in each of these pictures? Explain how they affect your health. (3)

6.1



6.2





Now that you have finished your exam, please check your work and fill in the speech bubble.

It is holidays and I am going to _____

